

# MĀLAMA OLA

## DIRECTORY OF SERVICES

**CALL**  
**911**  
**IMMEDIATE ASSISTANCE FOR**  
**THREAT TO LIFE OR PROPERTY**

### 24/7 CRISIS SERVICES

<b>Crisis Hotline of Hawai'i</b>	Hawaii Department of Health hotline for suicide prevention, awareness, and support. <a href="http://www.suicide.org/hotlines/hawaii-suicide-hotlines.html">www.suicide.org/hotlines/hawaii-suicide-hotlines.html</a>	<b>OAHU:</b> 808-832-3100 <b>NEIGHBOR ISLANDS:</b> 800-753-6879
<b>National Suicide Prevention Lifeline</b>	Support for people in distress, and prevention and crisis resources for you or your loved ones. <a href="http://www.youmatter.suicidepreventionlifeline.org">www.youmatter.suicidepreventionlifeline.org</a>	800-273-TALK (8255)
<b>Crisis Text Line</b>	Support for people in crisis. <a href="http://www.crisistextline.org">www.crisistextline.org</a>	Text "START" to 741741
<b>The Trevor Project</b>	Crisis intervention and suicide prevention for lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people ages 13–24. <a href="http://www.thetrevorproject.org">www.thetrevorproject.org</a>	866-4U-TREVOR (488-7386) <b>OTHER SERVICES (NOT 24X7):</b> • Text "Trevor" to 1-202-304-1200 • Chat through their website
<b>Kapi'olani Sex Abuse Treatment Center</b>	Support, information, and advocacy for victims of sexual assault or abuse. <a href="http://www.satchawaii.com">www.satchawaii.com</a>	808-524-7273

### KS RESOURCES

<b>Hi'ikua Helpline</b>	Anonymous means to report online or by phone any concern of physical danger or social emotional harm to a student. <a href="https://secure.ethicspoint.com/domain/media/en/gui/41505/index.html">https://secure.ethicspoint.com/domain/media/en/gui/41505/index.html</a>	1-844-284-2640
<b>Hawai'i Campus</b>	<b>MAIN NUMBER:</b> 808-982-0000 <b>ELEMENTARY SCHOOL OFFICE:</b> 808-982-0200	<b>MIDDLE SCHOOL OFFICE:</b> 808-982-0400 <b>HIGH SCHOOL OFFICE:</b> 808-982-0600
		<b>MIDDLE SCHOOL COUNSELING:</b> <a href="http://blogs.ksbe.edu/hmscounseling/">http://blogs.ksbe.edu/hmscounseling/</a> <b>HIGH SCHOOL COUNSELING:</b> <a href="https://sites.google.com/ksbe.edu/kshccc/home">https://sites.google.com/ksbe.edu/kshccc/home</a>
<b>Kapālama Campus</b>	<b>MAIN NUMBER:</b> 808-842-8211 <b>ELEMENTARY SCHOOL OFFICE:</b> 808-842-8383	<b>MIDDLE SCHOOL OFFICE:</b> 808-842-8365 <b>HIGH SCHOOL OFFICE:</b> 808-842-8351
		<b>MIDDLE SCHOOL COUNSELING:</b> <a href="http://blogs.ksbe.edu/kmscounseling/">http://blogs.ksbe.edu/kmscounseling/</a> <b>HIGH SCHOOL COUNSELING:</b> <a href="http://blogs.ksbe.edu/counseling/">http://blogs.ksbe.edu/counseling/</a>
<b>Maui Campus</b>	<b>MAIN NUMBER:</b> 808-572-3100 <b>ELEMENTARY SCHOOL OFFICE:</b> 808-572-3300	<b>MIDDLE SCHOOL OFFICE:</b> 808-572-4200 <b>HIGH SCHOOL OFFICE:</b> 808-572-7000
		<b>MIDDLE SCHOOL COUNSELING:</b> 808-572-4254 <b>HIGH SCHOOL COUNSELING:</b> 808-573-7236
<b>Preschools</b>	<b>ADMINISTRATION – DIRECTORS OFFICE</b>	808-534-8305
<b>Kūamahi Community Education Programs</b>	<b>OPERATIONS DEPARTMENT</b>	808-534-8351
<b>Mālama Ola</b>	<b>DIRECTOR'S OFFICE</b>	808-842-8959

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### TEEN ONLINE RESOURCES

<b>TeenLink Hawai'i</b>	Provides an effective youth-focused program promoting positive youth development through peer leadership and support, access to relevant information and resources, and connection to a caring social network. <a href="http://www.teenlinkhawaii.org">www.teenlinkhawaii.org</a>	<a href="http://www.teenlinkhawaii.org">www.teenlinkhawaii.org</a>
<b>NS Teens</b>	Teaches tweens and teens about making safer choices online.	<a href="http://www.nsteens.org">www.nsteens.org</a>
<b>That's Not Cool</b>	Support material and helpful tips on engaging teens and decreasing teen dating violence.	<a href="http://www.thatnotcool.com">www.thatnotcool.com</a>
<b>NoBullying</b>	Online forum aimed at educating, advising, counseling and helping to stop bullying, in particular cyber bullying.	<a href="http://www.nobullying.com">www.nobullying.com</a>
<b>stopbullying</b>	Information on preventing and responding to bullying.	<a href="http://www.stopbullying.gov/kids/what-you-can-do/index.html">www.stopbullying.gov/kids/what-you-can-do/index.html</a>

### COMMUNITY RESOURCES

<b>Hawaii Community Resource Guide</b>	State of Hawaii Department of Public Safety 2017 compendium that includes community resources for health, safety, and well-being.	<a href="http://www.dps.hawaii.gov/wp-content/uploads/2017/01/PSD-Community-Resource-Guide-2017.pdf">www.dps.hawaii.gov/wp-content/uploads/2017/01/PSD-Community-Resource-Guide-2017.pdf</a>
<b>Aloha United Way</b>	Find information and referrals on everything from crisis intervention and counseling to job training, educational programs and child care. You can also call 211.	<a href="http://www.auw211.org">www.auw211.org</a>



KAMEHAMEHA SCHOOLS®

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