

Making a Hū

O- 'Ohana goal (Why do the activity?) Family goal

Purpose:

- To learn how to make and play with a **hū** (kukui nut top).

'Ōlelo No'eau:

Pipili no ka pīlali ke kumu kukui. -- The pīlali gum sticks to the kukui tree.
Said of one who remains close to a loved one all the time, as a child may cling to the grandparent he loves. [Pukui #2662]

Benefits: Opportunities to...

- bond as a family and strengthen communication
- to serve/teach others
- strengthen 'ike and 'ōlelo Hawai'i

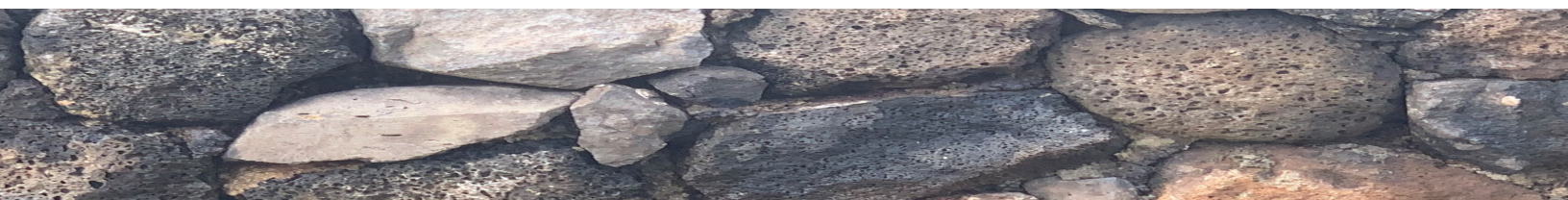
H-Ha'awina (Let's do the activity) Lesson, Assignment, Task

Materials needed:

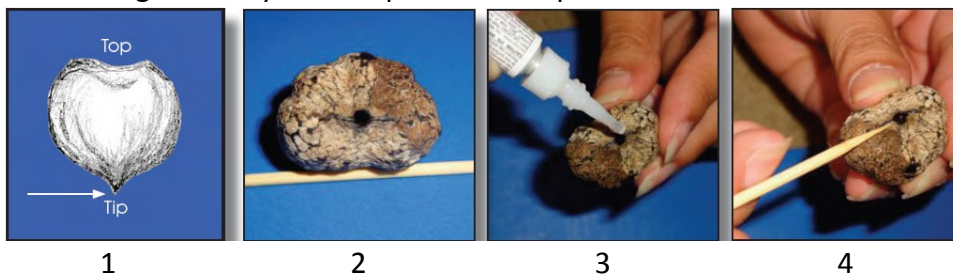
- 1 mature kukui nut
- 1 2"-2 1/2" long bamboo barbeque skewer (depending on size of kukui)
- 1 drill (for adult use only)
- super glue

Process:

1. Select a kukui nut that has a pointed tip.
2. Drill a hole in the top of the kukui nut. The hole should be just big enough to wedge the bamboo skewer in tightly.
3. Apply a dab of super glue in the hole before inserting the bamboo skewer.



4. Insert the bamboo skewer into the hole. This will serve as the stem of the top. Make sure that the stem stands straight up.
5. Allow the glue to dry. Your top is now complete.



Playing Hū

1. Roll the stem between your fingers to spin the top.
2. Make enough tops so that each member of the 'ohana can play.
3. Players spin their tops at the same time and see whose top spins longer. Use the **Hū Game Tracker** to tally wins in a best out-of-ten series.

Parent Tips:

- Discuss how each family member could participate in making the kukui top (e.g. gathering and cleaning nuts, gluing, etc.)
- Go over positive game play (e.g. playing fair, being respectful, etc.)

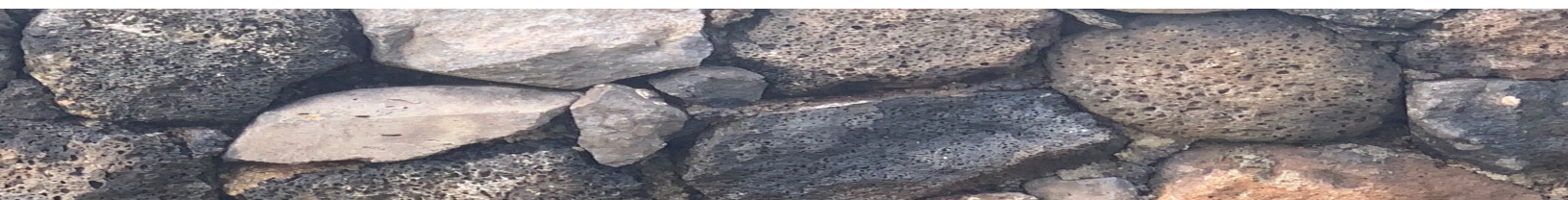
A- Alaka'i (What did you learn? What can you teach?) To lead, Guide, Direct

Reflective Question(s):

- What is something new that you've learned?
- What might you teach a friend (or family member) about making a hū and/or playing hū?

Resources:

Mitchell, D., Kinney, O. and Mitchell, D., 2006. *Hawaiian Games To Play*. Honolulu: Kamehameha Publishing.



Hū Game Tracker

Player Name	Player Name	Player Name	Player Name	Player Name

Player Name	Player Name	Player Name	Player Name	Player Name

Player Name	Player Name	Player Name	Player Name	Player Name

